SENIOR RESOURCE COMMITTEE MEETING MINUTES

November 6, 2023

Attendees: Gail Berejka, , Mary Vogel, Loyce Hayslett, Mary Derosier, Betty Weaver

1. September meeting minutes were approved as amended.
2. Review October Programming:

-trail walks have moved into the Rec. ctr. For the winter and are going very well

- crafts are going well; Jean Perkins will lead the group Until January.

- pickleball is well attended, as many as 18 players. They have moved indoors for the winter.

 3. OLD BUSINESS

The cooking Class was attended by 9 people who enjoyed it very much. This event reached a different group of people who gave very positive feedback. A thank you note should be sent to Samantha Grenier at Maine General.

The bus trip to Rangely went well. 20 people attended and the feedback was very positive. A few people said they would like to see a bus trip to the Botancical Gardens for their Holiday Light Display. Mary will work with Dan at the Rec. Ctr. To try and combine and coordinate trips in the future.

The Sign for the Senior Center to be hung at NBCC was discussed. It was suggested we just add a sign to be hung from the Food Pantry Sign rather than have a whole new sign made up. Mary will arrange for it to be made by the Leighton Sign CO.

Kim was absent so we had no update on a program for Aging in Place by Nale and Nale attorneys.

1. NEW BUSINESS

The holiday party was planned for Dec. 9th from 2-4pm at the NBCC. The committee will provide coffee, tea, punch, and cookies. Mary will try to get someone to provide music.

The Rec. Dept. hopes to restart Pot Lucks at NBCC. Victoria Alexander, Rec. Asst., is the contact for this. This may enter into our decision to have a spaghetti supper or not.

Yarn and puzzles have been donated to the Senior Resource Committee. The yarn is used by craft group to make hats that are distributed to the food pantry and school.

Mary D. had prepared an example of a schedule that can be used to have a timeline for planning future events. The SRC needs to spend time to develop it for the coming year so were not behind the eight-ball when planning events.

Mary has suggested the SRC put on “free lunch and learn” sessions. To be discussed further.

 The meeting was adjourned.

Respectfully submitted,

Betty Weaver

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