Senior Resource Committee Agenda

# May 22, 2023 / 6:30 p.m./ Town Office

The public may attend remotely via Zoom at

<https://us02web.zoom.us/j/82411913053>

**Order of Business:**

1. Minutes of the April 24, 2023, meeting – Review & Action – ok, as amended to add in those who were in attendance that day.

**New Business:**

1. June Calendar for Seniors – We reviewed the June calendar

\* Discussed not holding the Movie Mondays due to lack of having a volunteer.

\* Craft days will continue through June, with no organized craft.

\* Pickleball is still being held at the Center, looking for volunteers to maybe co-chair the pickleball at the school for Wednesdays as a set schedule. Also discussed was taking the SRC pickleball net to the school and leaving it in the locker at the court, so people could use it freely. They would have to provide their own paddles and balls. This information will be put on the town’s face book page and shared on other face book pages.

# Plant Swap Day/ Belgrade Historical Society Book signing – June 3 – 10 am to Noon – This will be held on Saturday, June 3rd, 10 am to 12 p.m. Committee members were asked to bring plants, and or seedlings. Kim, Mary & Gail will attend. Members were asked if they would like to solicit veggie seedlings from Longfellows, Stevens or Pierce’s greenhouse for the swap. Gail noted she would purchase some seedlings. Members were reminded that the day also will include a book signing by Eric Hooglund for his new book, which will also be on sale.

1. Solicit seedlings from local greenhouses? – covered above
2. Volunteers to cover hours. – covered above

3. Botanical Gardens Trip - update – This was just an update to let members the bus is quickly filling up. The trip for Belgrade Seniors is supplemented by funds from the SRC.

**Updates & Announcements:**

* The committee reviewed the Summer 2023 Newsletter drafted by Kim Haggan.
* Mary Derosier announced she & her husband have been participating in Healthy Eating Living Program. It is a six week program, that comes with a book and the group takes home the ingredients at the end of the day. This is a free program for seniors. The group received funding and are looking to possibly hold a program here in Belgrade. The program will only allow for 12 person sign-up. Mary will reach out to the group at Maine General to see if we can get something lined up for Belgrade and get the information into the Summer Newsletter for seniors.

# • Thank you cards – Nicole Rouleau and Lynda Hadsell

* Next meeting is Monday, June 26th.