

Senior Resource Committee Agenda

July 31, 2023 / 6:30 p.m./ Town Office

The public may attend remotely via Zoom at

<https://us02web.zoom.us/j/82411913053>

Members in Attendance: None remote; Mary Vogel, Gail Barejka, Doris Mathias and Karen McFadden

Order of Business:

1. Minutes of the June 26, 2023, meeting – Review & Action – ok, as amended, Senior walks are now at the boat landing (Great Pond)

Old Business:

1. Cooking Class – NBCC – Class of 9 signed up – Only 8 showed up, I have reached out to one person who was on the list, if they are not going to continue, I have two openings. (Next meal is black bean and veggie quesadillas, yum!) Let me know if anyone is interested and I will just send over your name.

2. Follow - up to Senior Events

a. Craft Day – There are three new participants, so approximately ten people are attending and everyone is enjoying themselves and having a good time.

b. Next Senior Newsletter – Kim Haggan was not in attendance for the discussion it was tabled.

c. Pickle-ball – updates- playing at the school/Pickleball Fundraiser – It was reported the fundraising group was successful and raised \$5,000 towards the pickleball court. Approximately 65 people attended the event.

e. Senior Walks – moved to Great Pond Marina – Correction, not the GP Marina, but the boat landing on the Sahagian Road. The walk is well attended.

3. Trip- Rangeley – Friday, September 15th? – It was reported the cost for the trip on a Friday would be \$1700. The Botanical Gardens trip was \$1,500. Mary will check to see if we change it to a Wednesday to see if there will be a

reduction in pricing. The group in attendance agreed upon setting a date for the foliage drive for Wednesday, September 27th with a stop at a local restaurant. Gail Barejka will contact a couple of friends she knows who frequent the Rangely area to get a recommendation on a good place to stop.

4. Update to for the purchase of a sign for the NBCC "Senior Center" – Sue Perrino was not in attendance for an update. This discussion was tabled.

Updates & Announcements:

- **Additions?**
- It was asked if the pool was open at the Center and if swim aerobics was taking place. Mary will investigate it.

Meeting adjourned at 7:10 p.m.

Respectfully Submitted